

# Taekwondo Challenge

*TAEKWONDO CHALLENGE.  
CHOOSE YOUR LEVEL.  
RECORD YOUR PERFORMANCE.*

*LEFT SIDE PUNCH, RIGHT SIDE PUNCH, KICK.*



*PRO LEVEL.  
HOW MANY SETS CAN YOU PERFORM IN 60 SECONDS?*

*AMATEUR LEVEL.  
HOW MANY SETS CAN YOU PERFORM IN 30 SECONDS?*

*FUN LEVEL.  
PERFORM THE MOVES TO YOUR FAVOURITE MUSIC. CAN YOU KEEP GOING UNTIL  
THE END?*

**PIC•COLLAGE**