

# Keepy Up Challenge



## **RULES:**

- **No Catching**
- **If the balloon or ball touches the floor.... challenge over**
- **Your score is how many times you touch the balloon or ball to keep it up**

## **School Games Challenge 1 The Keepy Up Challenge**

**How many times can you keep a ball bouncing off the floor without dropping it?**

\*Use a balloon for Preschool/Reception/Year 1/Year 2 children

\*Use a lightweight ball for year 3 and over