

Physical Education, School Sport and Physical Activity Development Plan and Premium Impact Report

At Upper Durham Dales Federation

In 2023 – 2024, Durham Dales Federation received £9,000 –R, £16,180– SJC, £15,000 – W (Total - £40,180) Primary PE & School Sport Premium. This will be used in conjunction with other grants and funds from the school budget to raise standards in curriculum Physical Education, School Sport, Physical Activity and Healthy living (PESSPA).

Vision: ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

Objective: To build capability within school and achieve self-sustaining improvement in the quality of PE and sport in primary schools against the 5 key grant condition indicators:

1. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
2. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.
3. The profile of PE and sport being raised across the school as a tool for whole school improvement.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

Any further school or subject development priorities:

- a) Continued development of Forest School Sessions across the federation.
- b) Continued development of community garden at all schools.
- c) Continued development of outdoor areas across the federation.
- d) Development of extra-curricular sport opportunities.

e) Development of competitive sport.

The following PESSPA Development Plan includes all planned and continued actions to support the schools PESSPA programme and its vision, building upon previous achievements and sustaining the most valued approaches that support positive pupil outcomes. This action plan is a working document subject to change throughout the academic year. Actions may be RAG rated to support school self-review. In the planning stages, costs are estimated where possible and actual spend recorded when known. This development plan will also include (and state clearly) actions and areas not funded directly from the PE & Sports Premium grant (free or other) to support a move towards a self-sustaining approach. The Primary PE and Sport Premium spend IMPACT will be finalised and reported on our school website by 31st July 2024.

Sports Premium Grant Conditions 1-5	Intent	Implementation	Spend	Impact	Sustainability	Review
1. Increased confidence, knowledge and skills of all staff in teaching PE and sport.	Develop the teaching of PE so children are confident and competent learners. To increase knowledge and skills of staff.	Staff training and working alongside sports coaches/experienced PE staff. KE to attend PE conference and network meetings.	£500.00 £350.00	Teachers gain subject knowledge and gain confidence with teaching skills of various sports. KE to feed information to teachers to increase confidence and subject knowledge of whole staff.	Staff trained and sharing knowledge with other staff.	Staff have worked confidently teaching PE lessons working alongside others when required. Network meetings attended and information cascaded to staff teaching PE.
2. The engagement of all pupils in regular physical activity –	Children to be active for at least 30 minutes each day.	Continue to use Wake up, Shake up every morning (min 15 mins). All schools have this downloaded on staff area.	£0	100% of children engaged in 30 minutes of physical activity every day.	Continue to develop systems and use of outdoor equipment at playtimes to	Wake up, Shake up or other active activities used every morning. New playground equipment was

<p>kickstarting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.</p>		<p>Use of playground equipment at break times.</p> <p>Access to extra-curricular activities.</p> <p>New playground markings to increase sport and physical activity at break times.</p>	<p>£3360.00</p> <p>£3405</p>	<p>Children engaged in active games and activities at break times. (45 minutes per day)</p> <p>Children engaged in active activities at the end of the school day.</p> <p>Children engaged in active games, sport and activities at break times and PE lessons.</p>	<p>ensure all children are active for at least 30 minutes per day.</p>	<p>purchased and has been used alongside PE equipment at break times. New playground markings have also helped with games in PE lessons and physical activity at break times. Sports after-school clubs were well attended, particularly taekwondo.</p>
<p>3. The profile of PE and sport being raised across the school as a tool for whole school improvement.</p>	<p>Staff to deliver high quality PE lessons.</p> <p>Increase motivation and engagement of pupils.</p>	<p>Staff training if required or sports coach/experienced staff working alongside new/inexperienced staff.</p> <p>Continue to introduce new games/sport into PE lessons and break times. Allow children to take the lead in playground games</p>	<p>£500.00</p>	<p>Children fully engaged in PE lessons due to staff confidently delivering high quality lessons.</p> <p>Children confident to take the lead in PE activities.</p>	<p>Younger children learn to lead from older pupils.</p>	<p>Excellent engagement in PE and physical activity throughout the school day. New games and activities introduced at break times and often led by older pupils. Active blasts have been used within lessons and</p>

	<p>Use PE, sport, physical activity within all areas of the curriculum.</p> <p>To improve swimming outcomes for pupils at the end of KS2.</p>	<p>and PE lesson warm ups and cool downs. Celebrate achievements in weekly assemblies.</p> <p>Use of active blasts in lessons and making use of outdoor space to enhance teaching of the curriculum.</p> <p>Regular swimming lessons for children in KS2. Targets identified and shared with school and swimming staff.</p>		<p>Physical activity becomes a natural part of all lessons.</p> <p>100% of pupils to achieve National Swimming expectations.</p>		<p>outdoor space is frequently used in lessons. Swimming lessons have been attended throughout the year with the focus on children in KS2.</p>
<p>4. Broader experience of a range of sports and activities offered to all pupils.</p>	<p>To provide opportunities for increased outdoor activities where children gain skills in PE and activities using the surrounding area.</p> <p>KS2 children to take part in a residential while younger children</p>	<p>Orienteering kits to be checked and replaced if necessary.</p> <p>Regular forest school, orienteering, outdoor activities within curriculum.</p>	<p>£600.00</p> <p>£280 per KS2 pupil (£6440.00) + transport approx. £1500</p>	<p>Broader range of experiences for the children to participate in. Children gain skills in confidence, resilience and independence.</p> <p>Children introduced to broader range of sports and activities.</p>	<p>Children will gain skills and confidence that they can share with the younger children.</p> <p>Partially funded by school. Future residential trips would be funded/part</p>	<p>Weekly/fortnightly forest school sessions including walks around the local area and orienteering activities. A variety of outdoor activities were undertaken by KS2 pupils at Ford Castle (residential).</p>

	take part in activity days.	Residential booked at Ford Castle in June 2024 for all KS2 pupils. Activity Days at Hamsterley Forest etc for KS1 pupils.	Approx £40 per KS1/EYFS pupil (£880) + transport		funded by parents.	
5. Increased participation in competitive sport.	Take part in federation festivals and competitions.	Using school sites but also Wolsingham Sports Hall for bigger/ indoor events.	£86 per event for use of sports hall + transport.	Increase competitive sport among 100% pupils.	Continue with competitive sport on own site.	Federation Sports Day (SJC, Wearhead & Rookhope). KS2 sporting activities at SJC. Wolsingham Sports Hall wasn't used.